

Prof. NALAN HAKİME NOĞAY

Personal Information

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International Researcher IDs

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Publons / Web Of Science ResearcherID: AAM-3685-2021

Education Information

Undergraduate, Ataturk University, Açıköğretim Fakültesi, Çocuk Gelişimi, Turkey 2021 - Continues

Post Doctorate, The Ohio State University, School of Health and Rehabilitation Sciences College of Medicine, Medical Dietetics / Developmental Disabilities, United States Of America 2018 - 2020

Doctorate, Hacettepe University, Sağlık Bilimleri Enstitüsü, Beslenme Ve Diyetetik A.B.D., Turkey 2004 - 2009

Postgraduate, Hacettepe University, Sağlık Bilimleri Enstitüsü, Beslenme Ve Diyetetik A.B.D., Turkey 1999 - 2003

Undergraduate, Hacettepe University, Sağlık Bilimleri Fakültesi, Beslenme Ve Diyetetik Bölümü, Turkey 1995 - 1999

Certificates, Courses and Trainings

Other, TADİS: Türkçe Alternatif ve Destekleyici İletişim Sistemi Uygulamacı Eğitimi, İstanbul Medeniyet Üniversitesi Otizm Uygulama ve Araştırma Merkezi ve Eğitim Bilimleri Fakültesi Toplumsal Otizm Programı, 2022

Health&Medicine, Working With the IACUC (Lab Animal Research) Course, The Ohio State University, 2019

Health&Medicine, Human Subjects Protection (Biomedical) Course, The Ohio State University, 2018

Health&Medicine, Responsible Conduct of Research (Biomedical) Course, The Ohio State University, 2018

Health&Medicine, Responsible Conduct of Research (OSU RCR Core) Course, The Ohio State University, 2018

Health&Medicine, Deney Hayvanları Kullanım Sertifikası, Erciyes Üniversitesi, 2017

Health&Medicine, IX. Uluslararası Katılımlı Beslenme ve Diyetetik Kongresi. Uygulamalı Karbonhidrat Sayımı Kursu, Hacettepe Üniversitesi, 2014

Health&Medicine, Obezite Diyetisyenliği Kursu, Hacettepe Üniversitesi, 2006

Foreign Language, İngilizce Hazırlık, Hacettepe Üniversitesi, 1999

Research Areas

Health Sciences

Academic Titles / Tasks

Professor, Bursa Uludağ University, Sağlık Bilimleri Fakültesi, Beslenme ve Diyetetik, 2022 - Continues

Associate Professor, Erciyes University, Sağlık Bilimleri Fakültesi, Beslenme Ve Diyetetik, 2015 - 2022

Assistant Professor, Kırklareli University, Health Academy, Department Of Nutrition And Dietetics, 2009 - 2015

Advising Theses

- Noğay N. H. , Adölesanlarda kan basıncı ile beslenme ve diğer yaşam tarzı faktörleri arasındaki ilişkinin değerlendirilmesi, Postgraduate, S.FIRAT(Student), 2018
- Noğay N. H. , Kadınlarda bel çevresi ve beden kitle indeksi ve beck depresyon envanteri puanlaması arasındaki ilişkinin saptanması, Postgraduate, E.BUNSUZ(Student), 2018
- Noğay N. H. , Zihinsel engelli çocukların beslenme durumuna annelerinin tükenmişlik düzeyinin etkisi, Postgraduate, H.ŞAHİN(Student), 2017
- Noğay N. H. , Beslenme ve yaşam tarzı alışkanlıklarının meme kanseri üzerindeki etkisinin değerlendirilmesi, Postgraduate, H.TOKLU(Student), 2017
- Noğay N. H. , Tip 2 diyabetli bireylerde diyet kalitesinin yaşam kalitesine etkisi, Postgraduate, D.GÜNEŞ(Student), 2017
- Noğay N. H. , Hastanede yatan çocuklarda strongkids tarama aracı ile malnütrisyon riskinin belirlenmesi, Postgraduate, B.ORUÇOĞLU(Student), 2016

Published journal articles indexed by SCI, SSCI, and AHCI

- I. **Effects of nutritional interventions in children and adolescents with autism spectrum disorder: an overview based on literature review**
Noğay N. H. , Nahikian-Nelms M.
INTERNATIONAL JOURNAL OF DEVELOPMENTAL DISABILITIES, 2022 (Peer-Reviewed Journal)
- II. **Association of Blood Pressure with Dietary Intake, Physical Activity, and Anthropometric Measurements in Turkish Adolescents**
Firat S., NOĞAY N. H.
NIGERIAN JOURNAL OF CLINICAL PRACTICE, vol.24, no.11, pp.1616-1623, 2021 (Peer-Reviewed Journal)
- III. **The Effect of the Low FODMAP Diet on Gastrointestinal Symptoms, Behavioral Problems and Nutrient Intake in Children with Autism Spectrum Disorder: A Randomized Controlled Pilot Trial**
NOĞAY N. H. , Walton J., Roberts K. M. , Nahikian-Nelms M., Witwer A. N.
JOURNAL OF AUTISM AND DEVELOPMENTAL DISORDERS, vol.51, no.8, pp.2800-2811, 2021 (Peer-Reviewed Journal)
- IV. **Does severity of intellectual disability affect the nutritional status of intellectually disabled children and adolescents?**
ŞAHİN H., NOĞAY N. H.
INTERNATIONAL JOURNAL OF DEVELOPMENTAL DISABILITIES, 2021 (Peer-Reviewed Journal)
- V. **Can we reduce autism-related gastrointestinal and behavior problems by gut microbiota based dietary modulation? A review**
NOĞAY N. H. , Nahikian-Nelms M.
NUTRITIONAL NEUROSCIENCE, vol.24, no.5, pp.327-338, 2021 (Peer-Reviewed Journal)
- VI. **KEFIR BEVERAGE AND ITS EFFECTS ON HEALTH**
NOĞAY N. H.
MILK-BASED BEVERAGES, VOL 9: THE SCIENCE OF BEVERAGES, vol.9, pp.273-296, 2019 (Peer-Reviewed Journal)
- VII. **Effects of dietary habits and sedentary lifestyle on breast cancer among women attending the oncology day treatment center at a state university in Turkey**
TOKLU H., NOĞAY N. H.
NIGERIAN JOURNAL OF CLINICAL PRACTICE, vol.21, no.12, pp.1576-1584, 2018 (Peer-Reviewed Journal)
- VIII. **Assessment of the correlation between the atherogenic index of plasma and cardiometabolic risk factors in children and adolescents: might it be superior to the TG/HDL-C ratio?**
NOĞAY N. H.
JOURNAL OF PEDIATRIC ENDOCRINOLOGY & METABOLISM, vol.30, no.9, pp.947-955, 2017 (Peer-Reviewed Journal)
- IX. **The role of psychological eating styles in obesity among Turkish adolescents: A cross-sectional study**

NOĀAY N. H.

JOURNAL OF THE PAKISTAN MEDICAL ASSOCIATION, vol.67, no.4, pp.573-576, 2017 (Peer-Reviewed Journal)

- X. **Academic stress effects food choice in health school students**
Memi G., ÖZDEMİR KUMRAL Z. N. , NOĀAY N. H.
ACTA PHYSIOLOGICA, vol.211, pp.128, 2014 (Peer-Reviewed Journal)
- XI. **Nutritional status in mentally disabled children and adolescents: A study from Western Turkey**
NOĀAY N. H.
PAKISTAN JOURNAL OF MEDICAL SCIENCES, vol.29, no.2, pp.614-618, 2013 (Peer-Reviewed Journal)
- XII. **Effect of lifestyle on metabolic syndrome in Turkish children and adolescents**
NOĀAY N. H. , Koksall G.
PAKISTAN JOURNAL OF MEDICAL SCIENCES, vol.28, no.4, pp.652-656, 2012 (Peer-Reviewed Journal)
- XIII. **Dietary Habits Contributing to the Cancer Prevention Among Health College Students in Turkey**
NOĀAY N. H. , Akinci A. C. , Sert H., Kurtulus Z., Gedik S.
ASIAN PACIFIC JOURNAL OF CANCER PREVENTION, vol.13, no.3, pp.963-968, 2012 (Peer-Reviewed Journal)
- XIV. **The relationship of subjective global assessment with respiratory function and other nutrition parameters in COPD**
NOĀAY N. H.
HEALTHMED, vol.6, no.6, pp.2013-2017, 2012 (Peer-Reviewed Journal)
- XV. **Malnutrition risk and associated factors among elderly people in Turkey**
NOĀAY N. H. , Akinci A. C.
HEALTHMED, vol.6, no.11, pp.3694-3700, 2012 (Peer-Reviewed Journal)

Articles Published in Other Journals

- I. **Estimation of Survival According to Body Mass Index (BMI), Hypertension, Diabetes and Heart Disease with Optimizable Decision Trees**
NoĀay N. H. , NoĀay H. S.
Balkan Journal of Electrical and Computer Engineering, vol.10, pp.47-52, 2022 (Peer-Reviewed Journal)
- II. **Evaluation of sleep disturbances, gastrointestinal problems and eating behaviors in Turkish children with autistic disorder and PDD-NOS**
Gok S., Ozturk S. N. , Karaca R., Ilbars S., NOĀAY N. H.
ADVANCES IN AUTISM, vol.7, no.2, pp.101-113, 2021 (Peer-Reviewed Journal)
- III. **CHANGABLE ENVIRONMENTAL RISK FACTORS IN AUTISM: VITAMIN D AND FOLIC ACID**
NoĀay N. H.
International Journal of Health Services Research and Policy, vol.3, pp.151-160, 2018 (Peer-Reviewed Journal)
- IV. **Effect of examination stress on energy and nutrient intake in university students**
Memi G., NOĀAY N. H.
RAWAL MEDICAL JOURNAL, vol.42, no.3, pp.312-315, 2017 (Peer-Reviewed Journal)
- V. **SaĀlık alıřanlarında SaĀlıklı Yařam Biimi Davranıřlarının DeĀerlendirilmesi**
YANIK A., NOĀAY N. H.
Firat Tıp Dergisi, vol.22, no.4, pp.167-176, 2017 (Peer-Reviewed Journal)
- VI. **Nutritional Management of Metabolic Syndrome in Children**
NOĀAY N. H. , Koksall G.
GUNCCEL PEDIATRI-JOURNAL OF CURRENT PEDIATRICS, vol.10, no.3, pp.92-97, 2012 (Peer-Reviewed Journal)
- VII. **Gebe kadınların beslenme durumlarının deĀerlendirilmesi**
NoĀay N. H.
Electronic Journal of Vocational Colleges, vol.1, pp.51-57, 2011 (Peer-Reviewed Journal)

Books & Book Chapters

- I. **KEFIR BEVERAGE AND ITS EFFECTS ON HEALTH**
Noğay N. H.
in: MILK-BASED BEVERAGES, VOL 9: THE SCIENCE OF BEVERAGES, Grumezescu,AM (Grumezescu,AM) Holban,AM (Holban,AM), Editor, WOODHEAD PUBL LTDABINGTON HALL ABINGTON, CAMBRIDGE CB1 6AH, CAMBS,, Cambridge, pp.273-296, 2019
- II. **Effects of the gut microbiota on autism spectrum disorder**
Noğay N. H.
in: Handbook of Food Bioengineering, Grumezescu AM,Holban AM, Editor, Elsevier Science, Oxford/Amsterdam , Cambridge, pp.347-368, 2018
- III. **Okul Öncesi ve Okul Çağı Çocuk Beslenmesi**
Noğay N. H.
in: Beslenmenin Esasları Ve Sağlığın Korunmasında Beslenme, Özenoğlu A, Editor, Hatiboğlu Basım Yayım, Ankara, pp.683-698, 2016
- IV. **Evaluation Of Risk Factors Affecting Obesity Development In Children And Adolescents.**
Noğay N. H.
in: A Current Prepective on Health Sciences, Ayşegül Yıldırım Kaptanoğlu, Editor, Rotipo, Sofija, pp.562-571, 2014
- V. **The Relationship Between Nutrient Intake And Blood Pressure In 15-18 Year Old Adolescents.**
Noğay N. H.
in: A Current Prepective on Health Sciences, Ayşegül Yıldırım Kaptanoğlu, Editor, Rotipo, Sofija, pp.582-589, 2014
- VI. **The Healthy Life Style Behaviors Of Health School Students And Relevant Factors**
Yanık A., Noğay N. H.
in: A Current Prepective on Health Sciences, Ayşegül Yıldırım Kaptanoğlu, Editor, Rotipo, Sofija, pp.571-582, 2014
- VII. **Autism Spectrum Disorder and Nutrition**
Noğay N. H.
in: Science and education at the Beginning of the 21. Century in Turkey, Mortan K,Hristov İ,Strelova O,A-TASOY E., Editor, St Kliment Ohridski University, Sofija, pp.582-590, 2014
- VIII. **Çoğul Gebeliklerde Beslenme**
Noğay N. H.
in: Gebelikte Beslenme, Gülden Köksal, Editor, Danone Enstitüsü Derneği, İstanbul, pp.33-40, 2013

Refereed Congress / Symposium Publications in Proceedings

- I. **THE EFFECT OF MOTHERS' LEVEL OF BURNOUT ON THE NUTRITION OF THEIR INTELLECTUALLY DISABLED CHILDREN**
Sahin H., NOĞAY N. H.
INTERNATIONAL HEALTH SCIENCES CONFERENCE (IHSC)PROGRAM, Turkey, 14 - 17 November 2018
- II. **Turpgiller ve Meme Kanseri İlişkisi**
NOĞAY N. H. , TOKLU H., ÇAVDAR M.
1.st International Health Science and Life Congress, 2 - 05 May 2018
- III. **Maternal beslenmenin otizm spektrum bozukluğu ile ilişkisi**
ADIGÜZEL E., NOĞAY N. H. , ÜN İ.
1st INTERNATIONAL HEALTH SCIENCE AND LIFE CONGRESS, Burdur, Turkey, 2 - 05 May 2018
- IV. **Resveratrol otizm spektrum bozukluğunun tedavisinde etkili olabilir mi?**
ÜN İ., NOĞAY N. H. , ADIGÜZEL E.
1st INTERNATIONAL HEALTH SCIENCE AND LIFE CONGRESS, Burdur, Turkey, 2 - 05 May 2018
- V. **TİP2 DİYABETLİLERDE DİYET KALİTESİNİN METABOLİK KONTROLE VE LİPİD PROFİLİNE ETKİSİ**
Gunes D., NOĞAY N. H.
Aydın Multidisipliner Endokrin Günleri, Aydın, Turkey, 9 - 11 March 2018

- VI. **Nutrisyonel Genomik ve Obezite Üzerine Etkisi**
TOKLU H., NOĞAY N. H.
I. Uluslararası Sağlık Bilimleri Kongresi, 29 June - 01 July 2017, pp.416
- VII. **Diyetin İntestinal Mikrobiyota Üzerindeki Etkisi**
NOĞAY N. H. , TOKLU H.
I. Uluslararası Sağlık Bilimleri Kongresi, 29 June - 01 July 2017, pp.418
- VIII. **Nutrisyonel Genomik ve Obezite Üzerine Etkisi**
Toklu H., NOĞAY N. H.
I. Uluslararası Sağlık Bilimleri Kongresi, 29 June - 01 July 2017
- IX. **Diyetin İntestinal Mikrobiyota Üzerindeki Etkisi**
NOĞAY N. H. , Toklu H.
I. Uluslararası Sağlık Bilimleri Kongresi, 29 June - 01 July 2017
- X. **Evaluation of Nutritional Status in Children with Autism Spectrum Disorders**
NOĞAY N. H.
4th World Conference on Health Sciences (HSCI-2017), 28 - 30 April 2017
- XI. **Autism Spectrum Disorder and Vitamin D**
NOĞAY N. H.
4th World Conference on Health Sciences (HSCI-2017), 28 - 30 April 2017
- XII. **An Evaluation of the Relationship between the Anthropometric Measurements and Blood Lipid Profiles in Adolescents. Oral Presentation**
NOĞAY N. H.
19th International Conference on Interdisciplinary, Multidisciplinary Science, Engineering and Technology, 16 - 17 February 2017
- XIII. **Çocuklarda Kardiyometabolik Risk Profilinin Belirlenmesinde Bel Boy Oranının Kullanılabilirliği**
Noğay N. H. , Köksal G.
IX. Uluslararası Katılımlı Beslenme ve Diyetetik Kongresi, Ankara, Turkey, 2 - 05 April 2014, pp.35
- XIV. **Adolesanlarda Doğum Ağırlığının Kardiyometabolik Risk Faktörleri Üzerindeki Etkisi**
Noğay N. H.
2. Fetal Hayattan Çocukluğa İlk 1000 Gün Gebe ve Çocuk Beslenmesi Kongresi, Ankara, Turkey, 27 February - 29 March 2014, pp.64
- XV. **Evaluation of the relationship between hyperinsulinemia and life style factors in children and adolescents**
Noğay N. H.
7th DIETS/EFAD Conference, Verona, Italy, 8 - 09 November 2013, pp.51
- XVI. **The relationship between cardiometabolic disease risk factors and anthropometric measurements in adolescents.**
Noğay N. H.
7th DIETS/EFAD Conference, Verona, Italy, 8 - 09 November 2013, pp.87
- XVII. **DİYETLE KALSİYUM ALIMININ OBEZİTE ÜZERİNDEKİ ETKİSİ**
Noğay N. H.
3. TRAKYA AİLE HEKİMLİĞİ KONGRESİ, Edirne, Turkey, 31 October - 03 November 2013, pp.51
- XVIII. **Adolesanlarda Tv İzleme-Bilgisayar Kullanma Ve Fiziksel Aktivitenin Bazı Antropometrik Ve Biyokimyasal Parametreler İle İlişkisi**
Noğay N. H.
3. TRAKYA AİLE HEKİMLİĞİ KONGRESİ, Edirne, Turkey, 31 October - 03 November 2013, pp.32-33
- XIX. **Çoğul Doğan Bebeklerin Beslenme Durumlarının Büyüme Üzerine Ekisi**
Noğay N. H. , Köksal G.
VIII. Uluslararası Katılımlı Beslenme ve Metabolik Hastalıklar Kongresi, Ankara, Turkey, 15 - 17 April 2005, pp.25

Supported Projects

Noğay N. H. , Şahin H., Project Supported by Higher Education Institutions, ZİHİNSEL ENGELLİ ÇOCUKLARIN BESLENME DURUMUNA ANNELERİNİN TÜKENMİŞLİK DÜZEYİNİN ETKİSİ, 2016 - 2017

Memberships / Tasks in Scientific Organizations

PEDİATRİ DİYETİSYENLİĞİ DERNEĞİ, Member, 2021 - Continues, Turkey

TÜRKİYE DİYETİSYENLER DERNEĞİ, Member, 1999 - Continues, Turkey

Scientific Refereeing

TUBİTAK Project, 2209-A - Üniversite Öğrencileri Araştırma Projeleri Destekleme Programı, Türkiye Bilimsel ve Teknolojik Araştırma Kurumu, Turkey, April 2022

TUBİTAK Project, 1002 - Quick Support Program, Türkiye Bilimsel ve Teknolojik Araştırma Kurumu, Turkey, March 2022

TUBİTAK Project, 2209-A - Üniversite Öğrencileri Araştırma Projeleri Destekleme Programı, Türkiye Bilimsel ve Teknolojik Araştırma Kurumu, Turkey, March 2022

JORNAL DE PEDIATRIA, Journal Indexed in SSCI, November 2021

TUBİTAK Project, 2219 - Yurt Dışı Doktora Sonrası Araştırma Burs Programı, -, Turkey, September 2021

TUBİTAK Project, 2209-A - Üniversite Öğrencileri Araştırma Projeleri Destekleme Programı, -, Turkey, April 2021

TUBİTAK Project, 2209-A - Üniversite Öğrencileri Araştırma Projeleri Destekleme Programı, -, Turkey, March 2021

TUBİTAK Project, 2209-A - Üniversite Öğrencileri Araştırma Projeleri Destekleme Programı, -, Turkey, July 2020

Metrics

Publication: 51

Citation (WoS): 66

Citation (Scopus): 61

H-Index (WoS): 5

H-Index (Scopus): 5

Congress and Symposium Activities

T.C. SAĞLIK BAKANLIĞI SAĞLIK HİZMETLERİ GENEL MÜDÜRLÜĞÜ OTİZM FARKINDALIK GÜNÜ SEMPOZYUMU, Attendee, Ankara, Turkey, 2022

Nisonger Institute 2020, Pharmacologic and Non-Pharmacologic Treatment of persons with IDD and Co-occurring Mental Illness and/or Behavioral Challenges, Attendee, Ohio, United States Of America, 2020

Autism Research Institute. Research finds GI issues coincide with problem behaviors in ASD, Attendee, Ohio, United States Of America, 2020

The Fourteenth Annual International Scholar Research Exposition, The Ohio State University, Attendee, Ohio, United States Of America, 2019

2019 Martha Nelson Lewis Symposium-Building Nutrition Leaders:Creating Capacity to Meet Global Opportunities, Attendee, Ohio, United States Of America, 2019

16th Annual Russell Klein Research Symposium, Attendee, Ohio, United States Of America, 2019

Nisonger Center; Adapting the JASPER Intervention for Children with Visual Impairment, Attendee, Ohio, United States Of America, 2018

Nisonger Center, Genes, Environments and their Interplay, Attendee, Ohio, United States Of America, 2018

Nisonger Center, How Can We Use Mice to Better Understand Neurodevelopmental Disorders?, Attendee, Ohio, United States Of America, 2018

States Of America, 2018

Scholarships

2219-Yurt Dışı Doktora Sonrası Araştırma Bursu, TUBİTAK, 2018 - 2020

Awards

Hatibođlu Yaynevi, Ayşe Baysal Bilim Ödülü, BİLİM TEŞVİK ÖDÜLÜ, Besvak, May 2014