

## Assoc. Prof. HAYRİYE GÜLEÇ

### Personal Information

**Office Phone:** [+90 224 294 1877](tel:+902242941877) Extension: 41877

**Fax Phone:** [+90 224 294 1897](tel:+902242941897)

**Email:** hayriyegulec@uludag.edu.tr

**Web:** <https://avesis.uludag.edu.tr/hayriyegulec>

### International Researcher IDs

ScholarID: q4ZiRmgAAAAJ

ORCID: 0000-0001-9410-430X

Publons / Web Of Science ResearcherID: AAH-6699-2021

ScopusID: 37052198300

Yoksis Researcher ID: 156629

### Education Information

Doctorate, Ruprecht-Karls-Universitaet Heidelberg, Faculty of Behaviour and Empirical Cultural Sciences / Institute of Clinical Psychology and Psychotherapy , Psychology, Germany 2009 - 2014

Undergraduate, Middle East Technical University, Faculty Of Arts And Sciences, Department Of Psychology, Turkey 1997 - 2002

### Foreign Languages

English, C1 Advanced

### Dissertations

Doctorate, Evaluation of an Internet-delivered support program for patients with bulimic symptomatology, Ruprecht-Karls-Universitaet Heidelberg, 2014

### Research Areas

Social Sciences and Humanities

### Academic Titles / Tasks

Assistant Professor, Bursa Uludağ University, FEN-EDEBİYAT FAKÜLTESİ, PSİKOLOJİ, 2017 - Continues

Research Assistant, Bursa Uludağ University, FEN-EDEBİYAT FAKÜLTESİ, PSİKOLOJİ, 2006 - 2017

### Academic and Administrative Experience

Erasmus Program Department Coordinator, Bursa Uludağ University, FEN-EDEBİYAT FAKÜLTESİ, PSİKOLOJİ, 2014 -

2022

Deputy Head of Department, Bursa Uludağ University, FEN-EDEBİYAT FAKÜLTESİ, PSİKOLOJİ, 2019 - 2021

Head of Department, Bursa Uludağ University, FEN-EDEBİYAT FAKÜLTESİ, PSİKOLOJİ, 2018 - 2021

## Courses

INTRODUCTION TO PSYCHOLOGY II, Undergraduate, 2023 - 2024

TEKNOLOJİ BAĞIMLILIĞI , Undergraduate, 2023 - 2024

YÜKSEK LİSANS UZMANLIK ALAN DERSİ II, Postgraduate, 2023 - 2024, 2020 - 2021, 2019 - 2020, 2018 - 2019, 2017 - 2018

INTRODUCTION TO PSYCHOLOGY I , Undergraduate, 2023 - 2024

Psychopathology I, Undergraduate, 2023 - 2024, 2020 - 2021, 2019 - 2020, 2018 - 2019, 2017 - 2018

Psikolojik Testler, Undergraduate, 2023 - 2024, 2018 - 2019

Stress Management and Adjustment, Undergraduate, 2023 - 2024, 2020 - 2021, 2019 - 2020, 2018 - 2019, 2017 - 2018

TEZ DANIŞMANLIĞI I, Postgraduate, 2023 - 2024, 2020 - 2021

SEMİNER, Postgraduate, 2023 - 2024

DOKTORA UZMANLIK ALAN DERSİ V, Doctorate, 2023 - 2024, 2020 - 2021

Psychopathology II, Undergraduate, 2020 - 2021, 2019 - 2020, 2018 - 2019, 2017 - 2018

TEZ DANIŞMANLIĞI VIII, Doctorate, 2020 - 2021

Psikolojide Mesleki Etik , Undergraduate, 2020 - 2021, 2019 - 2020, 2018 - 2019, 2017 - 2018

DENEYSEL ARAŞTIRMADA YÖNTEM ve İSTATİSTİK, Postgraduate, 2020 - 2021, 2019 - 2020, 2018 - 2019

SEMİNER, Doctorate, 2020 - 2021

DOKTORA UZMANLIK ALAN DERSİ VI, Doctorate, 2020 - 2021

PSİKOLOJİDE GÜNCEL YÖNTEM ve YAKLAŞIMLAR II, Doctorate, 2020 - 2021

Psikopatoloji, Undergraduate, 2020 - 2021, 2019 - 2020, 2018 - 2019, 2017 - 2018

TEZ DANIŞMANLIĞI II, Doctorate, 2020 - 2021

KLİNİK PSİKOLOJİDE SEÇME KONULAR, Undergraduate, 2019 - 2020, 2018 - 2019, 2017 - 2018

TEZ DANIŞMANLIĞI I, Doctorate, 2020 - 2021

YÜKSEK LİSANS UZMANLIK ALAN DERSİ I, Postgraduate, 2020 - 2021, 2019 - 2020, 2018 - 2019, 2017 - 2018

ARAŞTIRMA TEKNİKLERİ ve YAYIN ETİĞİ, Postgraduate, 2020 - 2021, 2019 - 2020, 2018 - 2019

TEZ DANIŞMANLIĞI VII, Doctorate, 2020 - 2021

TEZ DANIŞMANLIĞI III, Postgraduate, 2020 - 2021

GÖRÜŞME TEKNİKLERİ, Undergraduate, 2018 - 2019, 2017 - 2018

Psikoterapi Kuramları , Undergraduate, 2019 - 2020, 2018 - 2019

Klinik Psikoloji, Undergraduate, 2018 - 2019, 2017 - 2018

Stresle Başetme ve Uyum, Undergraduate, 2017 - 2018

## Jury Memberships

PhD Thesis Monitoring Committee Member, PhD Thesis Monitoring Committee Member, Bursa Uludağ Üniversitesi, June, 2021

PhD Thesis Monitoring Committee Member, PhD Thesis Monitoring Committee Member, Bursa Uludağ Üniversitesi, June, 2021

Doctorate, Doctorate, Bursa Uludağ Üniversitesi, March, 2021

PhD Thesis Monitoring Committee Member, PhD Thesis Monitoring Committee Member, Bursa Uludağ Üniversitesi, February, 2021

PhD Thesis Monitoring Committee Member, PhD Thesis Monitoring Committee Member, Bursa Uludağ Üniversitesi, September, 2020

PhD Thesis Monitoring Committee Member, PhD Thesis Monitoring Committee Member, Bursa Uludağ Üniversitesi,

September, 2020

Doctoral Examination, Doctoral Examination, Bursa Uludağ Üniversitesi, July, 2020

PhD Thesis Monitoring Committee Member, PhD Thesis Monitoring Committee Member, Bursa Uludağ Üniversitesi, February, 2020

Doctoral Examination, Doctoral Examination, Bursa Uludağ Üniversitesi, February, 2020

Doctoral Examination, Doctoral Examination, Bursa Uludağ Üniversitesi, January, 2020

Doctoral Examination, Doctoral Examination, Bursa Uludağ Üniversitesi, January, 2020

Doctoral Examination, Doctoral Examination, Bursa Uludağ Üniversitesi, December, 2019

Post Graduate, Post Graduate, Bursa Uludağ Üniversitesi, June, 2019

## **Published journal articles indexed by SCI, SSCI, and AHCI**

- I. **'I wish my body looked like theirs!': How positive appearance comments on social media impact adolescents' body dissatisfaction**  
Kvardova N., Machackova H., Gulec H.  
BODY IMAGE, vol.47, 2023 (SSCI)
- II. **The integrative model of ICT effects on Adolescents' well-being (iMEW): The synthesis of theories from developmental psychology, media and communications, and health**  
Smahel D., Gulec H., Lokajova A., Dedkova L., Machackova H.  
EUROPEAN JOURNAL OF DEVELOPMENTAL PSYCHOLOGY, vol.20, no.6, pp.944-961, 2023 (SSCI)
- III. **Individual and Parental Factors of Adolescents' mHealth App Use: Nationally Representative Cross-sectional Study**  
Gulec H., Smahel D.  
JMIR mHealth and uHealth, vol.10, no.12, 2022 (SCI-Expanded)
- IV. **Eating attitudes and depressive symptoms in a LGBTIQ sample in Turkey**  
Gulec H., TORUN T., Prado A. d. S., Bauer S., Rummel-Kluge C., Kohls E.  
FRONTIERS IN PSYCHIATRY, vol.13, 2022 (SCI-Expanded)
- V. **Adolescents' disease- and fitness-related online health information seeking behaviors: The roles of perceived trust in online health information, eHealth literacy, and parental factors**  
Gulec H., Kvardova N., Smahel D.  
Computers in Human Behavior, vol.134, 2022 (SSCI)
- VI. **Stigmatization and attitudes toward eating disorders: a comparison between native German adolescents, Turkish immigrant adolescents in Germany, and native Turkish adolescents**  
Feldhege J. M., GÜLEÇ PAP H., Moessner M., Stieler C., van Stipelen J., Bauer S.  
JOURNAL OF MENTAL HEALTH, vol.31, no.1, pp.99-108, 2022 (SSCI)
- VII. **Linguistic characteristics of patients with bulimic symptomatology in an online post-treatment program: an exploratory study**  
Mezei A., Gulec H., Czeglédi E., Fritz A., Tury F.  
EATING AND WEIGHT DISORDERS-STUDIES ON ANOREXIA BULIMIA AND OBESITY, vol.20, no.1, pp.63-70, 2015 (SCI-Expanded)
- VIII. **A Randomized Controlled Trial of an Internet-Based Posttreatment Care for Patients with Eating Disorders**  
Gulec H., Moessner M., Tury F., Fiedler P., Mezei A., Bauer S.  
TELEMEDICINE AND E-HEALTH, vol.20, no.10, pp.916-922, 2014 (SCI-Expanded)
- IX. **Internet-Based Maintenance Treatment for Patients With Eating Disorders**  
Gulec H., Moessner M., Mezei A., Kohls E., Tury F., Bauer S.  
PROFESSIONAL PSYCHOLOGY-RESEARCH AND PRACTICE, vol.42, no.6, pp.479-486, 2011 (SSCI)
- X. **Assessment methods for eating disorders and body image disorders**  
Tury F., Gulec H., Kohls E.  
JOURNAL OF PSYCHOSOMATIC RESEARCH, vol.69, no.6, pp.601-611, 2010 (SCI-Expanded)

## Articles Published in Other Journals

- I. **Uncovering the Top Nonadvertising Weight Loss Websites on Google: A Data-Mining Approach**  
Almenara C. A., Güleç H.  
JMIR Infodemiology, vol.4, no.e51701, pp.1-8, 2024 (ESCI)
- II. **Implementation and Evaluation of Course-based Training for Dialectical Behavior Therapy Skills in a Turkish University**  
GÜLEÇ H.  
JOURNAL OF POSITIVE PSYCHOLOGY AND WELLBEING, vol.7, no.2, pp.36-52, 2023 (Scopus)
- III. **Üniversite Öğrencilerinin Türkiye'deki Suriyelilere Yönelik Tutumları: Bir Ölçek Geliştirme Çalışması**  
GÜLEÇ H., Arslan Karaca M., BAŞKAYA G., KARACA S., KAHRAMAN N.  
TÜRK PSIKOLOJİ YAZILARI, vol.24, no.47, pp.79-93, 2021 (Peer-Reviewed Journal)
- IV. **Yaşlanmayla İlgili Kalıp Yargı Tehdidinin Bellek Performansı Üzerindeki Etkisi**  
Gülpek D. Ö., Güleç H., Tekman H. G.  
Toplum ve Sosyal Hizmet, vol.32, no.2, pp.543-565, 2021 (Peer-Reviewed Journal)
- V. **Eating and body image disorders at the beginning of the 21st century – what will the future bring?**  
Tury F., GÜLEÇ H., Mezei A.  
Lege Artis Medicinae, vol.24, pp.229-233, 2014 (Scopus)
- VI. **New methods in treatment of patients with eating disorders**  
Tury F., Mezei A., GÜLEÇ H.  
Pszichoterápia, vol.21, pp.76-84, 2012 (Peer-Reviewed Journal)

## Books & Book Chapters

- I. **Representations of Eating Disorders in Turkish News Media**  
Güleç Pap H.  
in: Eating Disorders in Public Discourse: Exploring Media Representations and Lived Experiences , Laura Cariola, Editor, University of Exeter Press , Exeter, pp.131-152, 2023
- II. **Telemedicine**  
Güleç Pap H.  
in: The Basics of Psychotherapy, Ferenc Túry,György Purebl,István Bitter,Zsolt Unoka, Editor, Semmelweis Kiado, Budapest, pp.256-260, 2018
- III. **Barriers to care in eating disorders: How to combat eating disorder stigmatization?**  
Güleç Pap H.  
in: Eating disorders: Prevalence, risk factors and treatment options., Nina Morton, Editor, NOVA Science Publishers Inc. , New York, pp.173-196, 2016
- IV. **New technologies in the treatment of patients with eating disorders**  
GÜLEÇ H., Kohls E., Tury F.  
in: Current issues in the psychotherapy of eating disorders, Túry F.,Pászthy B., Editor, Semmelweis Kiadó: Budapest, Budapest, pp.89-114, 2011
- V. **Efficacy studies of the therapy of eating disorders**  
Szumska I, Tury F, GÜLEÇ H., Kohls E.  
in: Current issues in the psychotherapy of eating disorders, Túry F., Pászthy B., Editor, Semmelweis Kiadó: Budapest, pp.153-164, 2011
- VI. **Timing of response to treatment in eating disorders: review, clinical implications and future directions**  
Kohls E., GÜLEÇ H., Tury F.  
in: Current issues in the psychotherapy of eating disorders, Túry F. Pászthy B., Editor, Semmelweis Kiadó: Budapest, pp.138-152, 2011
- VII. **Using information technologies to enhance care for eating disorders.**

GÜLEÇ H., Moessner M., Bauer S.

in: Media and Body Cult, Duran Carrillo, Editor, Pearson Educación, Mexico, pp.137-200, 2010

## Refereed Congress / Symposium Publications in Proceedings

- I. **The reciprocal associations between adolescents' mHealth app use, body dissatisfaction, and physical self-worth: A three-wave longitudinal study**  
GÜLEÇ H., Muzik M., Smahel D., Dedkova L.  
10th European Communication Conference, Ljubljana, Slovenia, 24 September - 27 October 2024
- II. **Examining online fitness-related and appearance-related content exposure in online purchasing of fitness products in adolescents**  
GÜLEÇ H.  
CyberSpace 2023, Brno, Czech Republic, 24 - 25 November 2023
- III. **Implementation of iFIGHTDEPRESSION® in Turkey: An Internet-based Self-management Tool for People with Depression**  
GÜLEÇ H.  
3rd International Congress on Innovative Approaches in Medical and Health Sciences, İstanbul, Turkey, 3 - 05 October 2023
- IV. **Eating Attitudes and Depressive Symptoms in a LGBTIQ Sample in Turkey: The Role of Sexual Minority Stress**  
GÜLEÇ H., TORUN T., Prado A. d. S., Bauer S., Rummel-Kluge C., Kohls E.  
2023 International Conference on Eating Disorders (ICED), Vaşington, United States Of America, 1 - 03 June 2023
- V. **The Integrative Model of ICT Effects on Adolescents' Well-being: The Synthesis of Theories**  
Smahel D., GÜLEÇ H., Lokajova A., Dedkova L., Machackova H.  
9th European Communication Conference, Aarhus, Denmark, 19 - 22 October 2022
- VI. **"I wish I'd have a body like that!": The Effect of Social Media Comments Endorsing Appearance Ideals on Body Dissatisfaction of Adolescents**  
Kvardova N., Machackova H., GÜLEÇ H.  
9th European Communication Conference, Aarhus, Denmark, 19 - 22 October 2022
- VII. **The Roles of Trust, eHealth Literacy And Parental Influence in Online Health Information-Seeking Behaviors of Adolescents**  
GÜLEÇ H., Kvardova N., Smahel D.  
Cyberspace 2021, Brno, Czech Republic, 26 - 29 November 2021
- VIII. **THE ROLE OF SELF-COMPASSION, MINDFULNESS AND AUTHENTICITY IN THE RELATIONSHIP BETWEEN BODY IMAGE AND PSYCHOLOGICAL WELL-BEING OF WOMEN: A MODEL TESTING**  
KORKMAZ B., GÜLEÇ H.  
XVI European Congress of Psychology, 2 - 05 July 2019
- IX. **Attitudes towards eating disorders in adolescents in Turkey and Germany**  
GÜLEÇ H., Moessner M., Bauer S.  
14th Meeting of the European Council on Eating Disorders, 20 - 22 November 2015
- X. **Internet-based Maintenance Treatment of Patients with Eating Disorders: A Randomized Controlled Trial**  
GÜLEÇ H., Moessner M., Bauer S., Mezei A., Tury F.  
Eating Disorders Alpbach 2013, 21st International Conference, 17 - 19 October 2013
- XI. **The European Initiative ProYouth for the Promotion of Mental Health and the Prevention of Eating Disorders and Its Progress in Hungary**  
Szabo K., Szumska I., Sandor I., Mezei A., Papp I., GÜLEÇ H., Tury F.  
Eating Disorders Alpbach 2012, 20th International Conference, 18 - 20 October 2012
- XII. **Efficacy of an Internet-based Program for Maintenance Treatment of Patients with Eating Disorders**  
GÜLEÇ H., Bauer S., Moessner M., Mezei A., Kohls E., Tury F.

Eating Disorders Alpbach 2012, 20th International Conference, 18 - 20 October 2012

- XIII. **Experiences with an Internet-based Maintenance Treatment of Patients with Eating Disorders**  
Güleç H., Bauer S., Moessner M., Mezei A., Kohls E., Tury F.  
12th International Congress of Behavioural Medicine, Budapest, Hungary, 29 August - 01 September 2012, vol.19, pp.243-244
- XIV. **First Experiences with an Internet-based Program for Maintenance Treatment of Patients with Eating Disorders**  
GÜLEÇ H., Bauer S., Moessner M., Mezei A., Kohls E., Tury F.  
Eating Disorders Alpbach 2011, 19th International Conference, 20 - 22 October 2011
- XV. **What happens in the chat-room? Chat communication via an aftercare program developed for patients with eating disorder**  
Mezei A., GÜLEÇ H., Moessner M., Kohls E., Tury F.  
XVI. Congress of the Hungarian Psychiatric Association, Turkey, 26 - 29 January 2011
- XVI. **Process and outcome in eating disorders treatment: Does "early response" predict treatment outcome?**  
Kohls E., Zimmer B., Bauer S., GÜLEÇ H., Tury F.  
Academy for Eating Disorders 2010 International Conference on Eating Disorders, 10 - 12 June 2010
- XVII. **Therapeutical Experiences with Chat Sessions in an Online Support Program for Eating Disordered Patients**  
Varga M., GÜLEÇ H., Kohls E., Tury F.  
Academy for Eating Disorders 2010 International Conference on Eating Disorders, 10 - 12 June 2010
- XVIII. **An Online Support Program for the Maintenance of Treatment Gains**  
GÜLEÇ H., Bauer S., Moessner M., Kohls E., Varga M., Babusa B., Tury F.  
Academy for Eating Disorders 2010 International Conference on Eating Disorders, 10 - 12 June 2010
- XIX. **Maintenance Treatment and Long-term Support for Eating Disorders: Extending the Reach of Specialized Treatment Centers.**  
Bauer S., Moessner M., GÜLEÇ H.  
Academy for Eating Disorders 2010 International Conference on Eating Disorders, 10 - 12 June 2010
- XX. **Yeme bozukluğu hastalarına tedavi sonrasında önerilen çevrimiçi destek programı**  
GÜLEÇ H., Bauer S., Moessner M., Kohls E., Tury F.  
16. Ulusal Psikoloji Kongresi, Turkey, 14 - 17 April 2010
- XXI. **Characteristics of Online Communication: Ethical Considerations in Using New Technologies for Management of Mental Disorders**  
Kohls E., GÜLEÇ H., Varga M., Tury F.  
Annual Meeting of the Hungarian Psychiatric Association, Turkey, 27 - 30 January 2010
- XXII. **New Technologies in Management of Eating Disorders**  
GÜLEÇ H., Varga M., Kohls E., Tury F.  
Annual Meeting of the Hungarian Psychiatric Association, Hungary, 27 - 30 January 2010

## **Supported Projects**

Güleç H., Project Supported by Public Organizations in Other Countries, National Institute for Research on the Socioeconomic Impact of Disease and Systemic Risk (SYRI), 2022 - 2025

Güleç H., H2020 Project, ySKILLS Youth Skills, 2020 - 2023

Güleç H., Other International Funding Programs, Modeling the future: Understanding the impact of technology on adolescent's well-being (FUTURE), 2019 - 2023

Güleç H., EU Supported Other Project, Individually Tailored Stepped Care for Women with Eating Disorders (INTACT), 2007 - 2011

## **Activities in Scientific Journals**

STUDIES IN PSYCHOLOGY-PSIKOLOJİ CALISMALARI DERGISI, Evaluation Committee Member, 2021 - Continues

## **Scientific Refereeing**

FRONTIERS IN PSYCHIATRY, Journal Indexed in SSCI, January 2023

FRONTIERS IN PSYCHIATRY, Journal Indexed in SSCI, March 2021

TUBITAK Project, 2209-A - Üniversite Öğrencileri Araştırma Projeleri Destekleme Programı, Bursa Uludağ University, Turkey, February 2021

## **Metrics**

Publication: 46

Citation (WoS): 99

Citation (Scopus): 129

H-Index (WoS): 4

H-Index (Scopus): 5

## **Congress and Symposium Activities**

Cyberspace, Attendee, Brno, Czech Republic, 2021

## **Non Academic Experience**

Masaryk University Faculty of Social Studies

University Hospital Heidelberg Center for Psychotherapy Research

European Alliance Against Depression e.V.

University Hospital Heidelberg Center for Psychotherapy Research

Ruprecht-Karls-University Heidelberg Faculty of Behavioural and Cultural Studies

Semmelweis University Institute of Behavioural Sciences

Semmelweis University Institute of Behavioural Sciences