

## Assoc. Prof. HACER BELEN

### Personal Information

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### International Researcher IDs

ScholarID: Y7o3uzoAAAAJ

ORCID: 0000-0001-9065-3504

Publons / Web Of Science ResearcherID: DTS-8051-2022

ScopusID: 57212021331

Yoksis Researcher ID: 284148

### Education

Doctorate, University of Leicester, Department Of Neuroscience, Psychology And Behaviour, United Kingdom 2013 - 2017

Postgraduate, The University of Houston, Counseling And Educational Psychology, United States Of America 2010 - 2012

Undergraduate, Cukurova University, Eğitim Fakültesi, Temel Eğitim, Turkey 2005 - 2008

### Foreign Languages

English, C2 Mastery

### Certificates, Courses and Trainings

Data Analysis, Structural Equation Modelling Analysis with R software, Cambridge University, 2016

### Research Areas

Social Sciences and Humanities, Psychology, Life Sciences

### Academic Positions

Associate Professor, Bursa Uludağ University, EĞİTİM FAKÜLTESİ, EĞİTİM BİLİMLERİ, 2022 - Continues

Assistant Professor, Bursa Uludağ University, EĞİTİM FAKÜLTESİ, EĞİTİM BİLİMLERİ, 2022 - 2022

Lecturer PhD, Bursa Uludağ University, EĞİTİM FAKÜLTESİ, EĞİTİM BİLİMLERİ, 2018 - 2022

### Academic and Administrative Experience

Deputy Head of Department, Bursa Uludağ University, EĞİTİM FAKÜLTESİ, EĞİTİM BİLİMLERİ, 2022 - Continues

## Courses

### Postgraduate

Yüksek Lisans Uzmanlık Alan Dersi IV, Postgraduate, 2023 - 2024, 2022 - 2023  
Seminer, Postgraduate, 2022 - 2023  
Tez Danışmanlığı II, Postgraduate, 2022 - 2023  
Yüksek Lisans Uzmanlık Alan Dersi I, Postgraduate, 2023 - 2024  
Yüksek Lisans Uzmanlık Alan Dersi II, Postgraduate, 2022 - 2023  
TEZ DANIŞMANLIĞI III, Postgraduate, 2022 - 2023  
TEZ DANIŞMANLIĞI I, Postgraduate, 2022 - 2023

### Undergraduate

Okullarda RPD Uygulamaları I, Undergraduate, 2023 - 2024, 2022 - 2023  
Rehberlik ve Özel Eğitim, Undergraduate, 2023 - 2024  
Eğitim Psikolojisi, Undergraduate, 2022 - 2023  
Okullarda Rehberlik, Undergraduate, 2023 - 2024  
Psikolojik Danışma Kuramları, Undergraduate, 2023 - 2024, 2022 - 2023  
Okullarda RPD Uygulamaları II, Undergraduate, 2022 - 2023, 2021 - 2022  
OKULLARDA RPD UYGULAMALARI II, Undergraduate, 2022 - 2023, 2021 - 2022  
Eğitim Psikolojisi, Undergraduate, 2022 - 2023  
Eğitim Psikolojisi, Undergraduate, 2022 - 2023  
Bireyle Psikolojik Danışma Uygulaması II, Undergraduate, 2022 - 2023  
Kısa Süreli Psikolojik Danışma, Undergraduate, 2022 - 2023, 2021 - 2022  
Rehberlik ve Özel Eğitim, Undergraduate, 2023 - 2024  
Mesleki Rehberlik Uygulamaları, Undergraduate, 2022 - 2023, 2021 - 2022  
Bireyle Psikolojik Danışma I, Undergraduate, 2023 - 2024, 2022 - 2023  
OKULLARDA REHBERLİK, Undergraduate, 2021 - 2022  
KÜLTÜRE DUYARLI PSİKOLOJİK DANIŞMA, Undergraduate, 2022 - 2023  
OKULLARDA REHBERLİK, Undergraduate, 2021 - 2022  
OKULLARDA REHBERLİK, Undergraduate, 2022 - 2023  
TOPLUMA HİZMET UYGULAMALARI, Undergraduate, 2021 - 2022  
Kariyer Planlama, Undergraduate, 2022 - 2023  
OKULLARDA REHBERLİK, Undergraduate, 2021 - 2022  
OKULLARDA REHBERLİK, Undergraduate, 2022 - 2023  
Okullarda PDR, Undergraduate, 2017 - 2018  
Psikolojik Testler, Undergraduate, 2017 - 2018  
Eğitim Psikolojisi, Undergraduate, 2017 - 2018  
Rehberlik, Undergraduate, 2017 - 2018

## Journal articles indexed in SCI, SSCI, and AHCI

- I. **Strength-based parenting improves depression outcomes and promotes posttraumatic growth in earthquake survivors: a longitudinal study**  
Belen H., Tunca A.  
BMC PSYCHOLOGY, vol.13, no.2025, pp.1-10, 2025 (SSCI)
- II. **The relationship of strength-based parenting with the negative effects of earthquake: mediating roles of optimism, resilience and mindfulness**  
Tunca A., BELEN H.  
CURRENT PSYCHOLOGY, no.3, pp.1621-1630, 2025 (SSCI)
- III. **Relative victimization scale: initial development and retrospective reports of the impact on mental health**

- BELEN H.  
BMC PSYCHOLOGY, vol.12, no.1, 2024 (SSCI)
- IV. **COVID-19 cases correlates with greater acceptance coping in flexible cultures: A cross-cultural study in 26 countries**  
Zhou X., English A. S., Kulich S. J., Zheng L., Alves T., Aquino S. D., Batić Očovaj S., BELEN H., Biddle A., Boonroungrut C., et al.  
SOCIAL AND PERSONALITY PSYCHOLOGY COMPASS, vol.18, no.2, 2024 (SSCI)
- V. **A longitudinal examination of the association between fear of COVID-19, resilience, and mental health during COVID-19 outbreak**  
BELEN H.  
PSYCHOLOGY HEALTH & MEDICINE, vol.28, no.1, pp.253-259, 2023 (SCI-Expanded)
- VI. **Fear of COVID-19 and Mental Health: The Role of Mindfulness in During Times of Crisis**  
BELEN H.  
INTERNATIONAL JOURNAL OF MENTAL HEALTH AND ADDICTION, vol.20, no.1, pp.607-618, 2022 (SCI-Expanded)
- VII. **Influence of fear of happiness on flourishing: Mediator roles of hope agency and hope pathways**  
BELEN H., Yildirim M., Belen F. S.  
AUSTRALIAN JOURNAL OF PSYCHOLOGY, vol.72, no.2, pp.165-173, 2020 (SSCI)

### Articles Published in Other Journals

- I. **Self-blame Regret, Fear of COVID-19 and Mental Health During Post-Peak Pandemic**  
BELEN H.  
INTERNATIONAL JOURNAL OF PSYCHOLOGY AND EDUCATIONAL STUDIES, vol.8, no.4, pp.186-194, 2021 (Peer-Reviewed Journal)
- II. **The Impacts of Propensity to Worry and Fear of COVID-19 on Mental Health of University Students**  
BELEN H.  
International Journal of Psychology and Educational Studies, vol.8, pp.57-66, 2021 (Peer-Reviewed Journal)
- III. **The Impact of Mindfulness and Assertiveness on Well-being: A Structural Equation Modeling Analysis**  
BELEN H.  
Türk Psikolojik Danışma ve Rehberlik Dergisi, vol.11, no.60, pp.147-156, 2021 (Peer-Reviewed Journal)
- IV. **Investigating the Association between Hope and Emotional Intelligence on University Students**  
BELEN H.  
Kastamonu Eğitim Dergisi, 2021 (Peer-Reviewed Journal)
- V. **Fear of Happiness and Subjective Well-being: Mediating Role of Gratitude**  
BELEN H., BARMANPEK U.  
Turkish Studies-Educational Sciences, vol.15, no.3, pp.1561-1571, 2020 (Peer-Reviewed Journal)
- VI. **Psychometric Analysis of Inflexibility of Happiness in Undergraduate Students: A Reliability and Validity Study**  
BELEN H., YILDIRIM M.  
Journal of Positive Psychology Wellbeing, vol.4, no.1, pp.69-78, 2020 (Scopus)
- VII. **The Role of Resilience in the Relationships between Externality of Happiness and Subjective Well-being and Flourishing A Structural Equation Model Approach**  
YILDIRIM M., BELEN H.  
Journal of Positive Psychology and Wellbeing, vol.3, no.1, pp.62-76, 2019 (Scopus)
- VIII. **Fear of happiness predicts subjective and psychological well-being above the behavioral inhibition system (BIS) and behavioral activation system (BAS) model of personality**  
YILDIRIM M., BELEN H.  
Journal of Positive Psychology and Wellbeing, vol.2, no.1, pp.92-111, 2018 (Scopus)

## Books

### I. ÖĞRENCİLERDE UMUDUN GELİŞTİRİLMESİ VE DESTEKLENMESİ

BELEN H.

in: Okulda Pozitif Psikoloji Kuramdan Uygulamaya, Gökmen Arslan, Murat Yıldırım, Editor, Pegem Akademi Yayıncılık, Ankara, pp.241-253, 2021

### II. An Outstanding French Pioneer in Multiple Branches of Psychology: Alfred Binet

BELEN H.

in: Les nouveaux aspects de la francophonie à Bursa II: Langues & Cultures, Gökmen, Ayla, Editor, Éditions universitaires européennes, BEAU BASSIN, pp.236-246, 2019

## Papers Presented at Peer-Reviewed Scientific Conferences

### I. Maternal and Paternal Warmth as Protective Factors for Relative Victimization

BELEN H.

7. International Positive Psychology Congress, İstanbul, Turkey, 18 April 2025, (Summary Text)

### II. Olumsuz Çocukluk Çağı Deneyimleri ve Stres: Depremzedeler için Bilinçli Farkındalık (Adverse Childhood Experiences and Stress: Mindfulness for Earthquake Survivors)

BELEN H., TUNCA A.

1. Uluslararası Toplum ve Ruh Sağlığı Kongresi (ICOMEH'24), Diyarbakır, Turkey, 17 - 19 October 2024

### III. Panic Buying Scale: A Reliability and Validity Study

BELEN H.

EJER KONGRESİ 2021, Aksaray, Turkey, 7 - 10 July 2021, (Full Text)

### IV. COVID-19 Depression in University Students: Implications for Counseling

BELEN H.

Uluslararası PDR Kongresi 2021, Muş, Turkey, 7 - 10 October 2021

### V. A SEM Study on Well-being

BELEN H.

22. Uluslararası Psikolojik Danışma ve Rehberlik Kongresi, Muş, Turkey, 07 October 2021, (Summary Text)

### VI. THE IMPACT OF OPTIMISM ON PERCEIVED RISK AND SUBJECTIVE WELL-BEING AMONG UNIVERSITY STUDENTS

BELEN H.

7. Yıldız Sosyal Bilimler Kongresi, Turkey, 17 - 18 December 2020

### VII. Evaluation of Short Depression-Happiness Scale: A Reliability and Validity Study

YILDIRIM M., BELEN H.

21st International Psychological Counseling and Guidance Congress, Antalya, Turkey, 24 - 27 October 2019, pp.102-117, (Full Text)

### VIII. Mindfulness and Subjective Well-being: Mediating Effect of Assertiveness

BELEN H., YILDIRIM M.

VIth International Eurasian Educational Research Congress, Ankara, Turkey, 19 - 22 June 2019, pp.2412-2414

### IX. Assertiveness mediates the relationship between mindfulness and life satisfaction and resilience

BELEN H.

3. Avrasya Pozitif Psikoloji Kongresi, İstanbul, Turkey, 12 - 14 April 2019, (Summary Text)

## Funded Projects

ORMANCI Ü., ÇEPNİ S., SARIOĞLU S., BAYAR V., AR M. E., BELEN H., BİRİŞÇİ S., ÜLGER B. B., CAMADAN F., CELEP T. N., et al., Project Supported by Higher Education Institutions, Online Meslek Tanıtım Modelinin Geliştirilmesi Uygulanması ve Değerlendirilmesi, 2022 - Continues

## **Metrics**

Publication: 26

Citation (WoS): 85

Citation (Scopus): 130

H-Index (WoS): 3

H-Index (Scopus): 4

## **Scholarships**

YLSY, Ministry of Education, 2009 - 2017