

Assoc. Prof. HACER BELEN

Personal Information

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International Researcher IDs

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Publons / Web Of Science ResearcherID: DTS-8051-2022

ScopusID: 57212021331

Yoksis Researcher ID: 284148

Education Information

Doctorate, University of Leicester, Department Of Neuroscience, Psychology And Behaviour, United Kingdom 2013 - 2017

Postgraduate, The University of Houston, Counseling And Educational Psychology, United States Of America 2010 - 2012

Undergraduate, Cukurova University, Eđitim Fakóltesi, Temel Eđitim, Turkey 2005 - 2008

Foreign Languages

English, C2 Mastery

Certificates, Courses and Trainings

Data Analysis, Structutal Equation Modelling Analysis wih R software, Cambridge University, 2016

Research Areas

Social Sciences and Humanities, Psychology, Life Sciences

Academic Titles / Tasks

Associate Professor, Bursa Uludađ University, EđİTİM FAKÖLTESİ, EđİTİM BİLİMLERİ, 2022 - Continues

Assistant Professor, Bursa Uludađ University, EđİTİM FAKÖLTESİ, EđİTİM BİLİMLERİ, 2022 - 2022

Lecturer PhD, Bursa Uludađ University, EđİTİM FAKÖLTESİ, EđİTİM BİLİMLERİ, 2018 - 2022

Academic and Administrative Experience

Deputy Head of Department, Bursa Uludađ University, EđİTİM FAKÖLTESİ, EđİTİM BİLİMLERİ, 2022 - Continues

Courses

Okullarda PDR, Undergraduate, 2017 - 2018
Psikolojik Testler, Undergraduate, 2017 - 2018
Psikolojik Danışma Kuramları, Undergraduate, 2017 - 2018
Eğitim Psikolojisi, Undergraduate, 2017 - 2018
Mesleki Rehberlik ve Danışma Uygulaması, Undergraduate, 2017 - 2018
Rehberlik, Undergraduate, 2017 - 2018

Published journal articles indexed by SCI, SSCI, and AHCI

- I. **COVID-19 cases correlate with greater acceptance coping in flexible cultures: A cross-cultural study in 26 countries**
Zhou X., English A. S., Kulich S. J., Zheng L., Alves T., Aquino S. D., Batić Očovaj S., BELEN H., Biddle A., Boonrourgrut C., et al.
Social and Personality Psychology Compass, vol.18, no.2, 2024 (SSCI)
- II. **A longitudinal examination of the association between fear of COVID-19, resilience, and mental health during COVID-19 outbreak**
BELEN H.
PSYCHOLOGY HEALTH & MEDICINE, vol.28, no.1, pp.253-259, 2023 (SCI-Expanded)
- III. **Fear of COVID-19 and Mental Health: The Role of Mindfulness in During Times of Crisis**
BELEN H.
INTERNATIONAL JOURNAL OF MENTAL HEALTH AND ADDICTION, vol.20, no.1, pp.607-618, 2022 (SCI-Expanded)
- IV. **Influence of fear of happiness on flourishing: Mediator roles of hope agency and hope pathways**
BELEN H., Yildirim M., Belen F. S.
AUSTRALIAN JOURNAL OF PSYCHOLOGY, vol.72, no.2, pp.165-173, 2020 (SSCI)

Articles Published in Other Journals

- I. **Self-blame Regret, Fear of COVID-19 and Mental Health During Post-Peak Pandemic**
BELEN H.
INTERNATIONAL JOURNAL OF PSYCHOLOGY AND EDUCATIONAL STUDIES, vol.8, no.4, pp.186-194, 2021 (Peer-Reviewed Journal)
- II. **The Impacts of Propensity to Worry and Fear of COVID-19 on Mental Health of University Students**
BELEN H.
International Journal of Psychology and Educational Studies, vol.8, pp.57-66, 2021 (Peer-Reviewed Journal)
- III. **The Impact of Mindfulness and Assertiveness on Well-being: A Structural Equation Modeling Analysis**
BELEN H.
Türk Psikolojik Danışma ve Rehberlik Dergisi, vol.11, no.60, pp.147-156, 2021 (Peer-Reviewed Journal)
- IV. **Investigating the Association between Hope and Emotional Intelligence on University Students**
BELEN H.
Kastamonu Eğitim Dergisi, 2021 (Peer-Reviewed Journal)
- V. **Fear of Happiness and Subjective Well-being: Mediating Role of Gratitude**
BELEN H., BARMANPEK U.
Turkish Studies-Educational Sciences, vol.15, no.3, pp.1561-1571, 2020 (Peer-Reviewed Journal)
- VI. **Psychometric Analysis of Inflexibility of Happiness in Undergraduate Students: A Reliability and Validity Study**
BELEN H., YILDIRIM M.

Journal of Positive Psychology Wellbeing, vol.4, no.1, pp.69-78, 2020 (Scopus)

VII. The Role of Resilience in the Relationships between Externality of Happiness and Subjective Well-being and Flourishing A Structural Equation Model Approach

YILDIRIM M., BELEN H.

Journal of Positive Psychology and Wellbeing, vol.3, no.1, pp.62-76, 2019 (Scopus)

VIII. Fear of happiness predicts subjective and psychological well-being above the behavioral inhibition system (BIS) and behavioral activation system (BAS) model of personality

YILDIRIM M., BELEN H.

Journal of Positive Psychology and Wellbeing, vol.2, no.1, pp.92-111, 2018 (Scopus)

Books & Book Chapters

I. ÖĞRENCİLERDE UMUDUN GELİŞTİRİLMESİ VE DESTEKLENMESİ

BELEN H.

in: Okulda Pozitif Psikoloji Kuramdan Uygulamaya, Gökmen Arslan, Murat Yıldırım, Editor, Pegem Akademi Yayıncılık, Ankara, pp.241-253, 2021

II. An Outstanding French Pioneer in Multiple Branches of Psychology: Alfred Binet

BELEN H.

in: Les nouveaux aspects de la francophonie à Bursa II: Langues & Cultures, Gökmen, Ayla, Editor, Éditions universitaires européennes, BEAU BASSIN, pp.236-246, 2019

Refereed Congress / Symposium Publications in Proceedings

I. Panic Buying Scale: A Reliability and Validity Study

BELEN H.

EJER KONGRESİ 2021, Aksaray, Turkey, 7 - 10 July 2021

II. COVID-19 Depression in University Students: Implications for Counseling

BELEN H.

Uluslararası PDR Kongresi 2021, Muş, Turkey, 7 - 10 October 2021

III. A SEM Study on Well-being

BELEN H.

22. Uluslararası Psikolojik Danışma ve Rehberlik Kongresi, Muş, Turkey, 07 October 2021

IV. THE IMPACT OF OPTIMISM ON PERCEIVED RISK AND SUBJECTIVE WELL-BEING AMONG UNIVERSITY STUDENTS

BELEN H.

7. Yıldız Sosyal Bilimler Kongresi, Turkey, 17 - 18 December 2020

V. Evaluation of Short Depression-Happiness Scale: A Reliability and Validity Study

YILDIRIM M., BELEN H.

21st International Psychological Counseling and Guidance Congress, Antalya, Turkey, 24 - 27 October 2019, pp.102-117

VI. Mindfulness and Subjective Well-being: Mediating Effect of Assertiveness

BELEN H., YILDIRIM M.

Vith International Eurasian Educational Research Congress, Ankara, Turkey, 19 - 22 June 2019, pp.2412-2414

VII. Assertiveness mediates the relationship between mindfulness and life satisfaction and resilience

BELEN H.

3. Avrasya Pozitif Psikoloji Kongresi, İstanbul, Turkey, 12 - 14 April 2019

Supported Projects

ORMANCI Ü., ÇEPNİ S., ÇAVDAR Y., SARIOĞLU S., BAYAR V., AR M. E., BELEN H., BİRİŞÇİ S., ÜLGER B. B., CAMADAN F., et al., Project Supported by Higher Education Institutions, Online Meslek Tanıtım Modelinin Geliştirilmesi Uygulanması ve Değerlendirilmesi, 2022 - Continues

Metrics

Publication: 21

Citation (WoS): 49

Citation (Scopus): 83

H-Index (WoS): 3

H-Index (Scopus): 4

Scholarships

YLSY, Ministry of Education, 2009 - 2017