# Lect. AYŞEGÜL DOĞAN

## Personal Information

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## Education Information

Postgraduate, Bursa Uludağ University, EĞİTİM BİLİMLERİ ENSTİTÜSÜ, Beden Eğitimi Ve Spor (Dr), Turkey 1993 - 1995

## Foreign Languages

English, A1 Beginner

## Certificates, Courses and Trainings

Vocational Course, 1.Kademe Pilates Antrenörlük Kursu, The Gymnastics Federation Turkey, 2018
Vocational Training, Yoga antrenörlük kursu, Sports Federation for all, 2017
Vocational Course, İleri Düzey Pilates Teknikleri"( Nefes, postür analizi, meditasyon ve gevşeme, anatomi )., Mind&Body Condition, 2015
Vocational Training, 2. Uluslararası Pilates Festivali, Mind&Body Condition, 2015
Vocational Course, Mat Pilates/ Pushes&Pulls". Mind&Body Condition. Murat Berkin.06 Mart 2015 Beykoz-İstanbul., MindBody Condition, 2015
Vocational Training, 1. Uluslararası Pilates Festivali, Mind&Body , 2014
Vocational Training, pilates eğitmenleri gelişim kursu, International Pilates Federation, 2014
Vocational Training, -Certificate of Attendance:/For successfully completing the Pilates Workshop"., Pilates System, 2013
Vocational Training, -Certificate of Attendance:" Core Training-Spinal Stabilization-Postural Workshop-I", Pilates System, 2013
Vocational Training, Pilates Çalışmalarında Materyal Kullanımı ( Top- Bant – Çember ) Eğitmen Gelişim Semineri., International Pilates Federation, 2012
Vocational Training, Reformer Eğitmenlik Sertifika Programı., International Pilates Federation, 2012
Vocational Training, Hamile Pilatesi Eğitmenlik Sertifika Programı., Internationalı Pilates Federation, 2012
Vocational Training, Pilates Mat Work Eğitmenlik Sertifikası., Internationalı Pilates Federation, 2012
Vocational Course, -Has Attendet Studio Fitness Workout 3 (Studio Pilates-Yoga- Studio Cycling-Weight Loss System-Tae Bo Bootcamp-Chest Exercises)., My Sports Career , 2011
Vocational Training, -Attendet The Pılates And Mınıball Teacher Development Certificatıon, Performance&Fitness Akademy. MK Pilates., 2011
Vocational Training, -Attendet The Pılates And Resistance Band Teacher Development Certificatıon, Performance&Fitness Academy. MK Pilates., 2011

## Research Areas

Physical therapy and rehabilitation

## Academic Titles / Tasks

Lecturer, Bursa Uludağ University, EĞİTİM FAKÜLTESİ, Beden Eğitimi Ve Spor Bölümü, 1988 - Continues

## Academic and Administrative Experience

Mezunlarla İlişkiler Komisyonu Başkanı, Bursa Uludağ University, SPOR BİLİMLERİ FAKÜLTESİ, BEDEN EĞİTİMİ VE SPOR, 2020 - Continues

## Courses

REFORMER PİLATES SPECIALTY, Undergraduate, 2020 - 2021
PİLATES SPECIALTY, Undergraduate, 2020 - 2021
VOLLEYBAL TEAM SPORTS, Undergraduate, 2020 - 2021

## Articles Published in Other Journals

I. **2013-2018 Sezonlarında Türkiye Futbol Süper Liginde Oynayan Yabancı Uyruklu Futbolculara Yönelik Bir Çalışma**
ŞAHİN S., DOĞAN M., DOĞAN A.
Niğde Üniversitesi Beden Eğitimi ve Spor Bilimleri Dergisi, vol.13, no.3, pp.210-229, 2019 (Peer-Reviewed Journal)

II. **Qualıty Management System (ISO 9001: 2015): Bursaspor Case**
TOPÇU H., DOĞAN M., DOĞAN A., girak i., yıldız a.
Scholars Journal of Economics, Business and Management (SJEBM), vol.5, no.12, pp.1150-1156, 2018 (Peer-Reviewed Journal)

III. **"Kar Amacı Gütmeyen Sektör(Üçüncü Sektör) İşletmelerinde Çalışanların MotivasyonlarınıEtkileyen Faktörler Üzerine Bir İnceleme"**
Doğan A., Doğan İ. B.
Sosyal Bilimler Dergisi, no.15, pp.616-628, 2017 (Peer-Reviewed Journal)

IV. **Volleyball Players on Transfer and Performance of Foreign Players inTurkey**
ÇANKAYA C., DOĞAN A., DOĞAN M., ARABACI R., MESUT M., SEZER S.
Journal of Balkan Ecology, vol.20, no.3, pp.288-296, 2017 (Peer-Reviewed Journal)

V. **Sosyal fizik kaygı ve bazı fiziksel uygunluk özellikler arasındaki ilişkinin araştırılması**
ARABACI R., ÖZTÜRK KUTER F., DOĞAN A.
NWSA e-Journal of New World Sciences Academy, vol.3, no.4, pp.185-193, 2008 (Peer-Reviewed Journal)

VI. **Relationship between social physique anxiety walking acivity and body composition in university students**
ARABACI R., Öztürk Kuter F., DOĞAN A.
NWSA e-Journal of New World Sciences Academy, vol.3, no.3, pp.145-153, 2008 (Peer-Reviewed Journal)

## Refereed Congress / Symposium Publications in Proceedings

I. **The effect of extracurricular sports activities on hope and self esteem levels of children working on**

**the street**
AVŞAR Z., GÜLTEKİN F., DOĞAN A.
The International Balkan Conference in Sport Science, Bursa, Turkey, 21 - 23 May 2017

II. **The impact of Pilates on power, speed and endurance parameters of teenage swimmers**
ÖZYENER F., COŞKUN N. F., ŞAHİN Ş., DOĞAN A., EDİGER D.
IUPS 2013, Birmingham, United Kingdom, 21 - 26 July 2013

III. **Influence of Pilates on the respiratory gas and ventilation dynamics of teenage swimmers**
ÖZYENER F., ŞAHİN Ş., DOĞAN A., COŞKUN N. F., EDİGER D.
Scandinavian Physiological Society's Annual Meeting, Helsinki, Finland, 24 - 26 August 2012, vol.206, pp.128-0

IV. **Üniversite öğrencilerinin sosyal fizik kaygı düzeyleri ve fiziksel uygunluk özellikleri arasındaki ilişki.**
ARABACI R., DOĞAN A., KUTER F.
10th International Sport Sciences Congress, Bolu, Turkey, 1 - 03 January 2008, pp.474-477

V. **Futbol Sahalarında Şiddet Ve Emniyet Güçlerinin Tutumu Üzerine Bir Araştırma**
GÜLTEKİN O., DOĞAN M., DOĞAN A., ÖZYURT B.
21. Yüzyılda Polisin Eğitimi Sempozyumu, Ankara, Turkey, 25 - 27 October 2000

VI. **Bursaspor Takımının Taraftar Özellikleri Üzerine Bir Araştırma**
DOĞAN M., GÜLTEKİN O., DOĞAN A., ÖZYURT B.
II. Futbol ve Bilim Kongresi, İzmir, Turkey, 16 - 18 October 2000

VII. **Bursaspor Profesyonel Futbol Takımının 1998-1999/1999-2000 Sezonlarındaki Sporsal Veriminin İncelenmesi**
DOĞAN M., ACAR Z. A., EROL S., DOĞAN A., GÜLTEKİN O.
II: Futbol ve Bilim Kongresi, İzmir, Turkey, 16 - 18 October 2000

## Metrics

Publication: 13

## Awards

Doğan A., Senior Badminton Turkey Championship single woman and mix Turkey champion, Türkiye Badminton Federasyonu, February 2019
Doğan A., SILVER MEDAL/ SENIOR BADMİNTON BALKAN CHAMPIONSHIP/SINGLE AND MIX BALKAN SECOND, Türkiye Badminton Federasyonu, September 2018
Doğan A., GOLD MEDAL/ SENIOR BADMINTON TURKEY CHAMPIONSHIP/SINGLE WOMEN AND MIX TURKEY CHAMPION, Türkiye Badminton Federasyonu, June 2018
Doğan A., SILVER AND BRONZE MEDAL/ SENIOR BALKAN CHAMPIONSHIP/ SINGLE WOMEN BALKAN SECOND,DOUBLE WOMEN BALKAN THIRD, Bulgaristan Badminton Federasyonu, August 2015
Doğan A., GOLD MEDAL/ SENIOR BADMİNTON TURKEY CHAMPIONSHIP/SINGLE WOMEN AND MIX TURKEY CHAMPION, Türkiye Badminton Federasyonu, February 2015
Doğan A., Yılmaz K., SILVER MEDAL/SENIOR BADMINTON BALKAN CHAMPIONSHIP/ SINLE WOMEN AND MİX BALKAN SECOND, Makedonya Badminton Federasyonu, September 2014
Doğan A., GOLD MEDAL/ SENIOR BADMİNTON TURKEY CHAMPIONSHIP/SINGLE WOMEN AND MIX TURKEY CHAMPION, Türkiye Badminton Federasyonu, February 2014
Doğan A., GOLDR MEDAL/SENIOR BADMİNTON BALKAN CHAMPIONSHIP/ SINGLE WOMEN AND DOUBLE WOMEN BALKAN CHAMPION, Bulgaristan Badminton Federasyonu, September 2013
Doğan A., GOLD MEDAL/ SENIOR BADMİNTON TURKEY CHAMPIONSHIP/SINGLE WOMEN AND DOUBLE WOMEN TURKEY CHAMPION, Türkiye Badminton Federasyonu, January 2013
Doğan A., GOLD MEDAL/ SENIOR BADMİNTON TURKEY CHAMPIONSHIP/SINGLE WOMEN AND MIX TURKEY CHAMPION, Türkiye Badminton Federasyonu, September 2012

Doğan A., SILVER MEDAL/ SENIOR BADMİNTON BALKAN CHAMPIONSHIP/SINGLE AND DOUBLE WOMEN BALKAN SECOND, Bulgaristan Badminton Federasyonu, September 2012
Doğan A., SILVER AND BRONZE MEDALLYA/ SENIORR BADMİNTON BALKAN CHAMPIONSHIP/DOUBLE WOMEN SECOND AND MIX THIRD, Bulgaristan Badminton Federasyonu, September 2011
Doğan A., GOLD MEDAL/SENIOR BADMİNTON TURKEY CHAMPIONSHIP/MIX AND DOUBLE WOMEN TURKEY CHAMPION, Türkiye Badminton Federasyonu, January 2011
Doğan A., GOLD AND BRONZE MEDAL/SENIOR BADMİNTON BALKAN CHAMPIONSHIP/SINGLE WOMEN BAKLAN CHAMPION,MIX BALKAN THIRD, Balkan Badminton Birliği, September 2010
Doğan A., GOLD MEDAL/ SENIOR TURKEY CHAMPIONSHIP SINGLE WOMEN AND MIX TURKEY CHAMPION, Türkiye Badminton Federasyonu, January 2010
Doğan A., SILVER AND BRONZE MEDAL/ SENIOR BADMİNTON BALKAN CHAMPIONSHIP/ MIX BALKAN SECOND AND DOUBLE WOMEN BALKAN THIRDKARIŞIK ÇİFTLER BALKAN İKİNCİLİĞİ,ÇİFT BAYANLAR BALKAN ÜÇÜNCÜLÜĞÜ, Balkan Badminton Birliği, September 2009
Doğan A., GOLD AND SILVER MEDAL/ SENIOR BADMI NTON TURKEY CHAMPIONSHIP/MIX TURKEY CHAMPION AND DOUBLE WOMEN TURKEY SECOND, Türkiye Badminton Federasyonu, February 2009
Doğan A., BRONZE MEDAL/ SENIOR BADMİNTON BALKAN CHAMPIONSHIP/SINGLE AND DOUBLE WOMEN BALKAN THIRD, Balkan Badminton Birliği, September 2008
Doğan A., BRONZE MEDAL/ SENIOR BADMİNTON TURKEY CHAMPIONSHIP/SINGLE AND DOUBLE WOMEN TURKEY THIRD.TÜRKİYE ÜÇÜNCÜLÜĞÜ, Türkiye Badminton Federasyonu, February 2008

## Non Academic Experience

Tokat Kız Meslek Lisesi