

## Prof. ALEV ALP

### Personal Information

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### International Researcher IDs

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Publons / Web Of Science ResearcherID: ABG-2019-2020

Yoksis Researcher ID: 158268

### Education Information

Expertise In Medicine, Bursa Uludağ University, SAĞLIK BİLİMLERİ ENSTİTÜSÜ, Fiziksel Tıp Ve Rehabilitasyon (YI) (Tezli) (Tıp), Turkey 1996 - 2000

Undergraduate, Ege University, Ege Tıp Fakültesi, Ege Tıp Pr., Turkey 1989 - 1995

### Research Areas

Medicine

### Advising Theses

ALP A., Diz osteoartritli hastalarda radyolojik evre ile q açısı, femoral kırıldak kalınlığı ve klinik parametreler arasındaki ilişkinin değerlendirilmesi, Expertise In Medicine, M.KARABULUT(Student), 2018

ALP A., Diz osteoartritli hastalarda femoral kırıldak kalınlığının ultrasonografi ile değerlendirilmesi ve osteoporoz ile ilişkisinin araştırılması, Expertise In Medicine, G.ALTUĞ(Student), 2017

ALP A., Subakromiyal sıkışma sendromu olan hastalarda omuz ultrasonografi bulguları ile fonksiyonel durumunun karşılaştırılması, Expertise In Medicine, Ş.COŞGUN(Student), 2016

ALP A., Miyofasyal ağrı sendromu (MAS)'da kuru iğneleme ve konvansiyonel TENS tedavilerinin etkinliğinin karşılaştırılması, Expertise In Medicine, E.BAŞTUĞ(Student), 2016

ALP A., Karpal tünel sendromu'nda karpal kemik mobilizasyonunun etkinliği, Expertise In Medicine, B.ÇAPANOĞLU(Student), 2012

ALP A., Karpal tünel sendromlu hastalarda kortikosteroid fonoforezin etkinliği, Expertise In Medicine, H.ÇELEN(Student), 2009

### Published journal articles indexed by SCI, SSCI, and AHCI

- Pregabalin inhibits proinflammatory cytokine release in patients with fibromyalgia syndrome**  
Ellegezen P., ALP A., ÇAVUN S., ÇELEBİ M., Macunluoğlu A. C.  
Archives of Rheumatology, vol.38, no.2, pp.307-314, 2023 (SCI-Expanded)
- Evaluation of the physical and emotional effects of the COVID-19 pandemic on patients with fibromyalgia and chronic low back pain: A multicenter cross-sectional controlled study**  
Bagcier F., Kibar S., Evcik D., Ketenci A., Sindel D., SONEL TUR B., uenlue Z., TIKIZ C., Keskin D., ALP A., et al.

TURKISH JOURNAL OF PHYSICAL MEDICINE AND REHABILITATION, vol.68, pp.464-474, 2022 (SCI-Expanded)

- III. **Evaluation of the Relationship between Proinflammatory Cytokine Levels and Clinical Findings of Fibromyalgia Syndrome**  
Ellegezen P., ALP A., ÇAVUN S.  
IRANIAN JOURNAL OF IMMUNOLOGY, vol.18, no.4, pp.338-345, 2021 (SCI-Expanded)
- IV. **Effects of whole body vibration therapy in pain, function and depression of the patients with fibromyalgia**  
Alev A., Mihriban A., Bilge E., Ayca E., Merve K., Seyma C., Ugur E., Adnan B., zeynel K., Mahmut G. S.  
COMPLEMENTARY THERAPIES IN CLINICAL PRACTICE, vol.28, pp.200-203, 2017 (SCI-Expanded)
- V. **The Effectiveness of Carpal Bone Mobilization Accompanied by Night Splinting in Idiopathic Carpal Tunnel Syndrome**  
Gunay B., ALP A.  
TURKIYE FIZIKSEL TIP VE REHABILITASYON DERGISI-TURKISH JOURNAL OF PHYSICAL MEDICINE AND REHABILITATION, vol.61, no.1, pp.45-50, 2015 (SCI-Expanded)
- VI. **Efficacy of Core-Stabilization Exercise and Its Comparison with Home-Based Conventional Exercise in Low Back Pain Patients**  
ALP A., Mengi G., Avsaroglu A. H., Mert M., SIĞIRLI D.  
TURKIYE FIZIKSEL TIP VE REHABILITASYON DERGISI-TURKISH JOURNAL OF PHYSICAL MEDICINE AND REHABILITATION, vol.60, 2014 (SCI-Expanded)
- VII. **Magnetotherapy in hand osteoarthritis: A pilot trial**  
Kanat E., ALP A., Yurtkuran M.  
COMPLEMENTARY THERAPIES IN MEDICINE, vol.21, no.6, pp.603-608, 2013 (SCI-Expanded)
- VIII. **Effects of Aerobic Exercise on Bone-Specific Alkaline Phosphatase and Urinary CTX Levels in Premenopausal Women**  
Alp A.  
TURKIYE FIZIKSEL TIP VE REHABILITASYON DERGISI-TURKISH JOURNAL OF PHYSICAL MEDICINE AND REHABILITATION, vol.59, no.4, pp.310-313, 2013 (SCI-Expanded)
- IX. **Effects of Tai Chi Exercise on Functional and Life Quality Assessments in Senile Osteoporosis**  
ALP A., Cansever S., Gorgec N., Yurtkuran M., TOPSAÇ T.  
TURKIYE KLINIKLERI TIP BILIMLERI DERGISI, vol.29, no.3, pp.687-695, 2009 (SCI-Expanded)
- X. **A modified yoga-based exercise program in hemodialysis patients: A randomized controlled study**  
Yurtkuran M., Alp A., Yurtkuran M., Dilek K.  
COMPLEMENTARY THERAPIES IN MEDICINE, vol.15, no.3, pp.164-171, 2007 (SCI-Expanded)
- XI. **Effects of balneotherapy on serum interleukin-2 receptors, inflammation markers and cortisol levels in knee osteoarthritis**  
Alp A., Yurtkuran M., İlcol Y. O.  
PHYSIKALISCHE MEDIZIN REHABILITATIONSMEDIZIN KURORTMEDIZIN, vol.17, no.4, pp.215-219, 2007 (SCI-Expanded)
- XII. **Efficacy of a self-management program for osteoporotic subjects**  
Alp A., Kanat E., Yurtkuran M.  
AMERICAN JOURNAL OF PHYSICAL MEDICINE & REHABILITATION, vol.86, no.8, pp.633-640, 2007 (SCI-Expanded)
- XIII. **Laser acupuncture in knee osteoarthritis: a double-blind, randomized controlled study.**  
Yurtkuran M., Alp A., Konur S., Oezcakar Ş., Bingol U.  
Photomedicine and laser surgery, vol.25, no.1, pp.14-20, 2007 (SCI-Expanded)
- XIV. **Hand involvement in Behçet's disease.**  
Yurtkuran M., Yurtkuran M., Alp A., Sivrioglu K., Dilek K., Tamgac F., Alper E., Tunali S., Saricaoglu H., Nasircilar A.  
Joint bone spine, vol.73, no.6, pp.679-83, 2006 (SCI-Expanded)
- XV. **Balneotherapy and tap water therapy in the treatment of knee osteoarthritis**  
Yurtkuran M., Yurtkuran M., Alp A., Nasircilar A., Bingol U., Altan L., Sarpdere G.  
RHEUMATOLOGY INTERNATIONAL, vol.27, no.1, pp.19-27, 2006 (SCI-Expanded)
- XVI. **Evaluation of the spa therapy in Ataturk Balneotherapy and Rehabilitation center**

Yurtkuran M., Ay A., Bingol U., Altan L.

PHYSIKALISCHE MEDIZIN REHABILITATIONSMEDIZIN KURORTMEDIZIN, vol.15, no.6, pp.345-354, 2005 (SCI-Expanded)

**XVII. Improvement of the clinical outcome in Ankylosing Spondylitis by balneotherapy**

Yurtkuran M., Ay A., Karakoc Y.

JOINT BONE SPINE, vol.72, no.4, pp.303-308, 2005 (SCI-Expanded)

**XVIII. Influence of aquatic and weight-bearing exercises on quantitative ultrasound variables in postmenopausal women**

Ay A., Yurtkuran M.

AMERICAN JOURNAL OF PHYSICAL MEDICINE & REHABILITATION, vol.84, no.1, pp.52-61, 2005 (SCI-Expanded)

**XIX. Evaluation of hormonal response and ultrasonic changes in the heel bone by aquatic exercise in sedentary postmenopausal women**

Ay A., Yurtkuran M.

AMERICAN JOURNAL OF PHYSICAL MEDICINE & REHABILITATION, vol.82, no.12, pp.942-949, 2003 (SCI-Expanded)

**XX. Lengthening of the extensor tendon for anatomic restoration of the digitus quintus superductus pedis**

Ay A., Ay A.

PLASTIC AND RECONSTRUCTIVE SURGERY, vol.111, no.4, pp.1571-1572, 2003 (SCI-Expanded)

## Articles Published in Other Journals

**I. Kinesiophobia and Related Factors in Fibromyalgia Syndrome**

Ertem U., Alp A.

TURK OSTEOPOROZ DERGISI, vol.29, no.1, pp.27-32, 2023 (ESCI)

**II. Vitamin D, VDR and VDBP Levels Correlate with Anti-inflammatory Cytokine Profile in FMS Patients**

Ellergezen P., Alp A., Çavun S.

Medical records-international medical journal (Online), vol.5, no.1, pp.24-28, 2022 (Peer-Reviewed Journal)

**III. Assessment of disease activity with simplified joint ultrasonography method in rheumatoid arthritis patients**

ORUÇOĞLU N., ALP A., YURTKURAN D. M.

J surg med, vol.6, no.6, pp.623-8, 2022 (Peer-Reviewed Journal)

**IV. Correlation of Femoral Cartilage Thickness and Osteoporosis in Female Patients with Knee Osteoarthritis**

Ozovez G. A., ALP A.

TURK OSTEOPOROZ DERGISI-TURKISH JOURNAL OF OSTEOPOROSIS, vol.27, no.2, pp.96-102, 2021 (ESCI)

**V. The Impact of Whole Body Vibration Therapy on Spasticity and Disability of the Patients with Post-Stroke Hemiplegia**

ALP A.

International Journal of Physical Medicine and Rehabilitation, vol.9, no.4, pp.4, 2021 (Peer-Reviewed Journal)

**VI. Low Vitamin D Levels can Effect the Balance of Immune Mediators in Fibromyalgia Syndrome**

Alp A.

clinical investigation, vol.11, no.2, pp.34-41, 2021 (Peer-Reviewed Journal)

**VII. Low Vitamin D Levels can Effect the Balance of Immune Mediators in Fibromyalgia Syndrome**

Ellergezen P., ALP A.

clinical investigation, open access, vol.11, no.2, pp.34-41, 2021 (Peer-Reviewed Journal)

**VIII. Akuatik egzersizler**

Alp A.

türkiye klinikleri, no.2019, pp.26-32, 2019 (Peer-Reviewed Journal)

**IX. patellofemoral ağrı sendromu**

ALP A.

Turkiye Klinikleri Physical Medicine Rehabilitation - Special Topics, vol.11, no.3, pp.39-48, 2018 (Peer-Reviewed Journal)

**X. The Impact of Whole Body Vibration Therapy on Spasticity and Disability of the Patients with Poststroke Hemiplegia.**

ALP A., Efe B., Adali M., Bilgic A., DEMİR TÜRE S., Coskun F., Karabulut M., Ertem U., Gunay S. M. Rehabilitation research and practice, vol.2018, pp.8637573, 2018 (Scopus)

**XI. FRAX ile Yapılan Kırık Riski Değerlendirmesi ve Geleneksel Risk Faktörleriyle İlişkisi**

neşe G., baştuğ e., ok N., Kandemirli G., Avşaroğlu B., Tekiner Ünal S., Bilgiç A., Coşkun Ş., Altuğ G., OCAKOĞLU G., et al.

Uludağ Üniversitesi Tıp Fakültesi Dergisi, vol.40, no.2, pp.69-73, 2014 (Peer-Reviewed Journal)

**XII. Ankilozan spondilitte balneoterapi ile ısıtılmış çeşme suyu tedavisinin karşılaştırılması**

ALP A., şen u., kurtoğlu z., Yurtkuran M., ERCAN İ.

Uludağ Üniversitesi Tıp Fakültesi dergisi, vol.35, no.3, pp.131-136, 2009 (Peer-Reviewed Journal)

## Refereed Congress / Symposium Publications in Proceedings

**I. Exercise in Ankylosing Spondylitis**

ALP A.

international internal medicine training meetings-13, bucharest, Romania, 16 - 18 March 2018

## Supported Projects

ALP A., Project Supported by Higher Education Institutions, Fibromyalji hastalarında ve spastisitesi olan kronik inmeli hastalarda tüm vücut vibrasyon tedavisinin etkileri, 2015 - 2016

## Metrics

Publication: 37

Citation (WoS): 397

Citation (Scopus): 487

H-Index (WoS): 9

H-Index (Scopus): 11

## Non Academic Experience

ULUDAĞ ÜNİVERSİTESİ TIP FAKÜLTESİ

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