

DİDEM ACAR

ASST. PROF.

Office Phone : [+90 224 294 1873](tel:+902242941873)

International Researcher IDs

ScholarID: rCh2I-gAAAAJ

ORCID: 0000-0002-3823-6081

Publons / Web Of Science ResearcherID: AAI-2067-2021

ScopusID: 57202602682

Yoksis Researcher ID: 198753



Education

Doctorate
2015 - 2021

Istanbul University, Faculty Of Literature, Department Of Psychology, Turkey

Postgraduate
2012 - 2015

Bursa Uludağ University, FEN-EDEBİYAT FAKÜLTESİ, PSİKOLOJİ, Turkey

Undergraduate Minor
2009 - 2012

Hacettepe University, İktisadi Ve İdari Bilimler Fakültesi, Siyaset Bilimi Ve Kamu Yönetimi Bölümü, Turkey

Undergraduate
2008 - 2012

Hacettepe University, Edebiyat Fakültesi, Psikoloji Bölümü, Turkey

Certificates, Courses and Trainings

Foreign Language, Doktoralı Genç Araştırmacılar için Yabancı Dilde Bilimsel Metin Yazma Programı, ODTÜ Yabancı Diller Yüksekokulu , 2022

Dissertations

Doctorate, Investigation of Mood, Illness Representations and Metacognitive Structures of Patients with Type II Diabetes in The Framework of Fennell Four Phase Model, Istanbul University, Institute Of Social Sciences, Edebiyat Fakültesi Bölümü, 2021

Postgraduate, YTESTING WRITTEN EXPRESSIVE DISCLOSURE PARADIGM IN TERMS OF PSYCHOLOGICAL HEALTH AND POSTTRAUMATIC GROWTH AMONG SPOUSES OF CANCER PATIENTS, Bursa Uludağ University, FEN-EDEBİYAT FAKÜLTESİ, PSİKOLOJİ, 2015

Academic Titles / Tasks

Assistant Professor
2023 - Continues

Bursa Uludağ University, FEN-EDEBİYAT FAKÜLTESİ, PSİKOLOJİ

Jury Memberships

Doctoral Examination, Doctoral Examination, Bursa Uludağ Üniversitesi, March, 2025
Doctoral Examination, Doctoral Examination, Bursa Uludağ Üniversitesi, March, 2025
Doctoral Examination, Doctoral Examination, Bursa Uludağ Üniversitesi, March, 2024
Doctoral Examination, Doctoral Examination, Bursa Uludağ Üniversitesi, December, 2023
Post Graduate, Post Graduate, İzmir Bakırçay Üniversitesi, June, 2023

Published journal articles indexed by SCI, SSCI, and AHCI

- 1. An Integrated Approach to COVID-19 Preventive Behaviour Intentions: Protection Motivation Theory, Information Acquisition, and Trust**
Kicali U. O., Acar D.
SOCIAL WORK IN PUBLIC HEALTH, vol.37, no.5, pp.419-434, 2022 (SSCI)

Articles Published in Other Journals

- 1. Turkish Adaptation of the Metacognitions about Symptom Control Scale and Its Revised Form: Reliability and Validity Study**
Acar D., Berk H. Ö. S.
CURRENT APPROACHES IN PSYCHIATRY, vol.16, no.Supplement 1, pp.139-151, 2024 (Peer-Reviewed Journal)
- 2. Smoking Cessation in Pregnancy within the Framework of Health Behavioral Theories: A Current Review**
Acar D., Sertel Berk H. Ö.
CURRENT APPROACHES IN PSYCHIATRY, vol.14, no.2, pp.1, 2022 (Peer-Reviewed Journal)
- 3. Health Psychology Education: An Examination of Turkey**
Acar D., Taşkale N.
Uludağ Üniversitesi Fen Edebiyat Fakültesi Sosyal Bilimler Dergisi, vol.22, no.41, pp.1421-1456, 2021 (Peer-Reviewed Journal)
- 4. Güncel Bir Paradigma: Yazılı Duygusal Dışavurum [A Current Paradigm: Written Emotional Disclosure]**
Acar D., Dirik G.
CURRENT APPROACHES IN PSYCHIATRY, vol.11, no.1, pp.65-79, 2019 (Peer-Reviewed Journal)
- 5. Written emotional disclosure paradigm: Effects on posttraumatic stress symptoms and posttraumatic growth among spouses of cancer patients Yazılı Duygusal Dışavurum Paradigması: Kanser Hastalarının Eşlerinde Travma Sonrası Stres Belirtileri ve Travma Sonrası Gelişim Üzerindeki Etkileri**
Acar D., Dirik G.
Klinik Psikiyatri Dergisi, vol.21, no.1, pp.154-167, 2018 (Scopus)
- 6. Yazılı Duygusal Dışavurum Paradigması: Kanser Hastalarının Eşlerinde Travma Sonrası Stres Belirtileri ve Travma Sonrası Gelişim Üzerindeki Etkileri**
Acar D., Dirik G.
KLİNİK PSİKIYATRI DERGISI, vol.21, no.2, pp.154-167, 2018 (Scopus)

Books

1. **Kronik Hastalıklara Uyumda Evre Yaklaşımları: Kavramsal ve Kuramsal Açıklamalar**
Acar D.
in: Cezbedici Bir Renk Skalasının Oluşumu Psikolojinin Alt Disiplinleri, Meryem Berrin Bulut, Editor, Nobel Yayınevi, Ankara, pp.1-315, 2022

Papers Published in Refereed Scientific Meetings

1. **TURKISH ADAPTATION OF FENNEL PHASE INVENTORY FOR CHRONIC HEALTH CONDITIONS**
Acar D., Sertel Berk H. Ö.
4TH HEALTH SCIENCES AND INNOVATION CONGRESS, Baku, Azerbaijan, 5 - 06 July 2021, pp.201-202
2. **EVALUATION OF PSYCHOMETRIC CHARACTERISTICS OF METACOGNITIONS ABOUT SYMPTOMS CONTROL SCALE-REVISED IN TURKISH SAMPLE**
Acar D., Sertel Berk H. Ö.
4TH HEALTH SCIENCES AND INNOVATION CONGRESS, Baku, Azerbaijan, 5 - 06 July 2021, pp.518-519
3. **Üniversite Öğrencilerinde Psikolojik İyi Oluş: Bilişsel DuyguDüzenleme ve Duyguları İfade Etme Düzeyleri Açısından İncelenmesi**
Acar D., Arıcan H. N., Coşkun İ., Tabakcıoğlu C.
20.Ulusal Psikoloji Kongresi, Ankara, Turkey, 15 - 17 November 2018
4. **Pain catastrophizing and perceived spouse response among chronic pain patients:Role of attachment**
Kıcalı Ü. Ö., Coşar Z. B., Acar D.
15th European Congress of Psychology, Amsterdam, Netherlands, 11 - 14 July 2017
5. **Effects of written expressive disclosure paradigm on psychological health among spouses of cancer patients.**
Acar D., Dirik G.
14th European Congress of Psychology, Milan, Italy, 7 - 10 July 2015

Academic and Administrative Experience

2022 - Continues	Internship Committee Member	Bursa Uludağ University, FEN-EDEBİYAT FAKÜLTESİ, PSİKOLOJİ
2022 - Continues	Adaptation/Exemption Committee Member	Bursa Uludağ University, FEN-EDEBİYAT FAKÜLTESİ, PSİKOLOJİ

Courses

Postgraduate

SEMİNER , Postgraduate, 2023 - 2024

Tez Danışmanlığı II, Postgraduate, 2023 - 2024, 2022 - 2023

Tez Danışmanlığı IV , Postgraduate, 2023 - 2024

Tez Danışmanlığı III, Postgraduate, 2023 - 2024

Yüksek Lisans Uzmanlık Alan Dersi I, Postgraduate, 2023 - 2024, 2022 - 2023

Tez Danışmanlığı I, Postgraduate, 2023 - 2024, 2022 - 2023

Yüksek Lisans Uzmanlık Alan Dersi II, Postgraduate, 2022 - 2023

Undergraduate

Selected Topics in Clinical Psychology, Undergraduate, 2023 - 2024, 2022 - 2023

Psychopathology II, Undergraduate, 2023 - 2024, 2022 - 2023, 2021 - 2022
Psikolojide Mesleki Etik, Undergraduate, 2023 - 2024, 2022 - 2023, 2021 - 2022
Health Psychology, Undergraduate, 2023 - 2024, 2022 - 2023
Sağlık Psikolojisi , Undergraduate, 2023 - 2024
Psikolojik Ölçme ve Değerlendirme, Undergraduate, 2023 - 2024, 2022 - 2023
Stres Management and Adjustment, Undergraduate, 2022 - 2023, 2021 - 2022

Scientific Consultations

TEKNOFEST 2023, Project Consultancy, Bursa Uludağ University, Fen-Edebiyat Fakültesi, Psikoloji, Turkey, 2023 - 2023

Metrics

Publication: 13
Citation (WoS): 13
Citation (Scopus): 15
H-Index (WoS): 1
H-Index (Scopus): 1

Congress and Symposium Activities

3. Şema Terapi Türkiye Sempozyumu , Panelists, İstanbul, Turkey, 2024

Invited Talks

Stresin Gölgesinde Güneşlenmek Mümkün Mü? , Seminar, Bursa Uludağ Üniversitesi, Turkey, May 2024
Kronik Hastalıklara Uyum ve Psikolojik Sağlık , Seminar, Eskişehir Osmangazi Üniversitesi, Turkey, May 2024
Damgalamayla Mücadelede Psikopatolojiler, Seminar, Avrupa Psikoloji Öğrencileri Dernekleri Federasyonu, Turkey, January 2023

Research Areas

Social Sciences and Humanities